

BEST PRACTICE CATALOG

Project Title: **SUBSTANCE ABUSE TREATMENT**

Function Category: ☒ PATIENT-FOCUSED ☐ ORGANIZATION ☐ STRUCTURES

Subcategory: **Care of Patients**

Heading: **Programming**

Key Word(s): **Substance Abuse Treatment**

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Hospital: **Atascadero State Hospital**

Purpose: To treat patient with substance abuse history with an intensive twelve-week course utilizing a twelve-step relapse prevention model and other accepted treatment concepts as determined by individual patient need.

Brief Description: With eleven staff consisting of psychiatric technicians, registered nurses, one psychiatric social worker and a clinical consulting psychologist, conduct a series of classes, six hours daily, five days per week. These groups are as prescribed by the Alcoholics Anonymous/Narcotics Anonymous Twelve Step Model with other interventions as indicated, integrated interdisciplinary initial assessment, treatment readiness, abuse awareness education and aftercare components are included. Mock meetings and three large AA/NA group meetings are provided as well as a sober socialization center, all of which parallel these support systems in the community. Two separate treatment tracks are available determined by the learning style and mental status of the patient members.

Selection Basis/Criteria: Dual diagnosed patients with substance abuse history with expressed motivation to attempt treatment are admitted pursuant to referral by Interdisciplinary Treatment Teams as an integrated part of overall treatment.

The following items are available regarding this Best Practice:

☐ Photographs ☐ Video Tape ☐ Drawings ☒ Manual

☐ Other _____

DATE SUBMITTED: **October 8, 1998**

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